

May 2018

JR/SR High School



Breakfast	7:30 – 8:00		Lunch	
	Reduced	Paid	Reduced	Paid
Student	FREE	FREE	FREE	FREE
Adults		\$2.40		\$3.80

MENU SUBJECT TO CHANGE



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

**ASIAN/PACIFIC ISLANDER,
JEWISH AMERICAN MONTH**



Monday

Offered Daily
Asst. Sandwiches
Salad Bar
Asst. Fresh Fruit
Asst. 100% Fruit Juice

Tuesday

Macaroni & Cheese **1**
Vegetarian Beans
Peaches
Asst. Milk

Wednesday

French Toast Sticks **2**
w/Turkey Sausage
V: Falafel Patties
Green Beans
Apple Sauce
Asst. Milk

Thursday

Toasted Cheese **3**
w/Tomato Soup & Carrots
Pears
Asst. Milk,
French Fries

Friday

ORANGE JUICE DAY
SCHOOL LUNCH HERO DAY **4**
French Bread Pepperoni Pizza
V: Cheese Pizza
Caesar Salad
Peaches
Asst. Milk

Hot Dog on a Roll **7**
V: Fish Patty
Corn
Pears
Asst. Milk
French Fries

TEACHER APPRECIATION DAY **8**
Tacos
V: Fish Tacos
Black Bean Salsa
Apple Sauce
Asst. Milk

Buffalo Chicken Wrap **9**
V: Vegetable Wrap
Broccoli w/ Cheese Sauce
Peaches
Asst. Milk

Spaghetti & Meatball **10**
V: Baked Ziti
Carrots
Mixed Fruit
Asst. Milk

Fish on a Roll **11**
Green Beans
Fresh Fruit Salad
Asst. Milk
Potato Rounds

NATIONAL APPLE PIE DAY **14**
Chicken Nuggets w/ Fried Rice
V: Fish Nuggets
Green Beans
Mixed Fruit
Asst. Milk

NATIONAL CHOCOLATE CHIP DAY **15**
Turkey Club Wrap
V: Roasted Veg. Wrap
Broccoli w/ Dip
Peaches
Asst. Milk

Loaded Nachos **16**
V: Cheese Nachos
Black Bean Salsa
Pears
Asst. Milk

BBQ Chicken w/Pasta Salad **17**
V: Baked Fish
Corn
Apple Sauce
Asst. Milk

½ DAY LUNCH ON THE GO **18**

STRAWBERRIES & CREAM DAY **21**
Cheeseburger
V: Veggie Burger
Corn
Strawberries
Asst. Milk, French Fries

Ham & Cheese Croissant **22**
w/Tomato Soup & Carrots
V: Cheese Croissant
Pears
Asst. Milk,
French Fries

Sloppy Joe on a Roll **23**
V: Fish on a Roll
Vegetarian Beans
Peaches
Asst. Milk
Hash Brown

Lasagna **24**
V: Baked Ziti
Broccoli
Mixed Fruit
Asst. Milk

Mozzarella Cheese Sticks **25**
w/ Sauce
Baked Cookie
Toss Salad
Fresh Cantaloupe
Asst. Milk

NO SCHOOL **28**

NO SCHOOL **29**

Chicken Patty on a Roll **30**
V: Fish on a Roll
Vegetarian Beans
Mixed Fruit
Asst. Milk
French Fries

Italian Mix Sub **31**
V: Three Cheese Sub
Broccoli w/ Dip
Peaches
Asst. Milk
Potato Rounds

