

December 2017

Elementary School



Breakfast	8:30 – 9:00		Lunch		
	Reduced	Paid	Reduced	Paid	
Student	FREE	FREE	FREE	FREE	
Adults		\$2.40		\$3.80	

MENU SUBJECT TO CHANGE



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



HAPPY HOLIDAYS

Monday



Tuesday

Wednesday



Thursday

Friday

Offered Daily

- Asst. Sandwiches
- Asst. Salads
- Asst. Fresh Fruit
- Asst. 100% Fruit Juice
- Daily Plates of Veg. Crunchers

- Turkey Club Wrap 1
- V: Roasted Veg. Wrap
- Vegetarian Beans
- Pears
- Asst. Milk

- Chicken Nuggets 4
- w/ Fried Rice
- V: Fish Nuggets
- Green Beans
- Mixed Fruit
- Asst. Milk

- Ham & Cheese Croissant 5
- V: Cheese Croissant
- Tomato Soup & Carrots Sticks
- Peaches
- Asst. Milk

- Sloppy Joe on a Roll 6
- V: Vegetarian Beans
- Peaches
- Asst. Milk
- Hash Brown

- Baked Chicken 7
- V: Baked Fish
- Corn
- Apple Sauce
- Asst. Milk
- French Fries

- Mozzarella Cheese Sticks 8
- w/ Sauce,
- Baked Cookie
- Caesar Salad
- Fresh Cantaloupe
- Asst. Milk

- Cheeseburger 11
- V: Veggie Burger
- Baked Beans
- Fresh Fruit Salad
- French Fries
- Asst. Milk

- Chicken Quesadilla 12
- V: Cheese Quesadilla
- Broccoli w/ Cheese
- Mixed Fruit
- Asst. Milk

- Tacos 13
- V: Fish Tacos
- Salsa
- Peaches
- Asst. Milk

- French Toast Sticks 14
- w/Turkey Sausage
- V: Falafel Patties
- Corn
- Apple Sauce
- Asst. Milk

- Macaroni & Cheese 15
- Green Beans
- Peaches
- Asst. Milk

- Chicken Patty on a Roll 18
- V: Fish on a Roll
- Green Beans
- Mixed Fruit
- Asst. Milk
- French Fries

- Italian Mix Sub 19
- V: Three Cheese Sub
- Vegetarian Beans
- Orange Wedges
- Asst. Milk

- Lasagna 20
- V: Vegetable Lasagna
- Corn
- Apple sauce
- Asst. Milk

- Loaded Nachos w/Chili 21
- V: Cheese Nachos
- Salsa
- Peaches
- Asst. Milk

- Pepperoni Pizza 22
- V: Cheese Pizza
- Caesar Salad
- Fresh Fruit Salad
- Asst. Milk

NO
SCHOOL

NO
SCHOOL

NO
SCHOOL

NO
SCHOOL

NO
SCHOOL