

COVER YOUR FACE SAFELY

HOW TO PUT ON, WEAR, AND TAKE OFF YOUR MASK



PUTTING ON YOUR MASK

- Provide your own face covering.
- Face shields alone cannot replace masks.
- Clean hands before putting on your mask.
- Hold your mask by the ear loops.
- Fit your mask snugly against your face (no gaps at bottom).

WEARING YOUR MASK

- Keep your mask over your face (not on your chin, neck or forehead).
- Keep your hands off of your mask.
- Clean your hands if you touch your mask while wearing it.
- Keep your mask on in common areas (hallways, bathrooms, buses).



TAKING OFF YOUR MASK

- Untie the strings or loosen the loops.
- Hold only by the loops or ties.
- Fold outside corners together.
- Place in washing machine or hand wash.
- Wash hands after removing—do not touch your eyes, nose or mouth!



CARING FOR YOUR MASK

- Wash reusable masks at least once a week.
- Store your mask in a paper bag — NOT in your pocket!



WHY ARE MASKS IMPORTANT?

- Masks prevent the spread of aerosols containing the virus.
- Masks protect the people around you from the virus.

